



## The Brain-SET Environments Formula™ Future Strong Education, Australia.

Would you like to see some changes in your learning environments? It's widely known that how we think, feel, and act is connected to the environment that we are immersed in each day. This is the basis of the Brain-SET Environments Formula. A training program for early years educators, with the manta of **"A Calm Brain is a Thinking Brain"**!

Dr. Kathryn Murray is the founder of Future Strong Education Consultancy and creator of the Brain-SET Environments Formula™. The revolutionary Brain-SET Pedagogy has been the focus of multiple published articles, conference presentations and staff training globally, both online and in person.

Brain-SET aligns the needs of the developing brain to the design of the learning environment. It addresses the importance of places and spaces in the early childhood classroom. It is underpinned by research linked to the built environment, neuroscience, social and emotional wellbeing, playful learning, developmental theorists, Reggio Emilia, Montessori, Steiner, Maslow, emotion and cognition. Brain-SET considers the requirements of the curriculum and rests on Dr. Murray's 40+ years in the education sector.

The full training program spans over 12 hours and includes:

- Building an understanding of the development and function of the levels of the brain – **Survival, Emotional and Thinking**, to form the SET in Brain-SET.
- Careful planning and curation of the spaces in the learning environment and the open-ended materials used to encourage creativity and critical thinking.
- Building exceptional teaching practices that harmonises the levels of the brain through the design and features of the classroom that support memory, emotions, and cognition.
- Learning how to implement a calm, focused, playful learning environment where behaviour issues decrease, engagement and communication skills increase, and smiles are abundant.
- The development of functional, interesting, developmentally appropriate learning spaces that promote literacy and numeracy learning, resilience, confidence, self-regulation, collaboration, solution finding and more, using a focus on strengths based learning. Like to know more? Please, contact Dr. Murray via email or reserve time for a free 30 minute conversation.



Regan is an experienced educator in a 2 year old room. She completed just 1 training module from 5 and said: "I can't believe how much calmer everyone is with the few changes I've made, now I know about the brain. There is no running through the room, and the children stay engaged longer. Even the educators are calmer!"

E: [kathy@futurestrongeducation.com](mailto:kathy@futurestrongeducation.com) or book a 30 minute spot in her calendar:

<https://calendly.com/futurestrongeducation/30min>

W: [www.brainsetformula.com](http://www.brainsetformula.com) [www.futurestrongeducation.com](http://www.futurestrongeducation.com)