













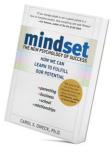
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## **GROWTH MINDSET**

"In a growth mindset, challenges are exciting rather than threatening. So rather than thinking, oh, I'm going to reveal my weaknesses, you say, wow, here's a chance to grow."

- Carol S. Dweck

NITEI Strategies for Fueling Growth Mindset

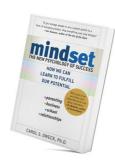


### **GROWTH MINDSET**

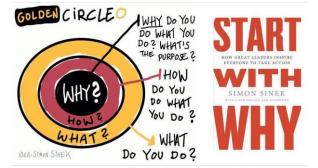
"The passion for stretching yourself and sticking to it, even (or especially) when it's not going well, is the hallmark of the growth mindset."

- Carol S. Dweck

IGNITEI Strategies for Fuelin A Growth Mindset



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# ESTABLISH A GROWTH CULTURE

#### ADULTS CAN GROW

Adults, not just children, can and need to keep growing.

We need to continually improve the people who do the work



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- Establish an Inspirational Vision and
  Clear Goals
- Acknowledge and Validate Everyone's Commitment to Professional Growth
- Build a Collaborative Environment
- Hire for a Growth Mindset
- Use Observations and Feedback
   Sessions to Highlights Strengths
- Embrace Positivity and Fun

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# A GROWTH CULTURE REDUCES BURNOUT

"...research shows that the single biggest cause of work burnout is not work overload, but working too long without experiencing your own personal development."

- An Everyone Culture. Becoming a Deliberately Developmental Organization

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Generations of teachers have continued to undergo their initial preparation and in-service professional development without ever having reflected on the range of things we know about learning and on the relationship of learning with the context. And especially, foregoing any research for new ways, new languages, that could enable teachers to live, share, narrate and perform learning events.

— Carlina Rinaldi, In Dialogue With Reggio Emilia

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#### THE POWER OF MOMENTS

- Our lives are measured in moments, and defining moments are the ones that endure in our memories.
- How do you build peaks? You create a positive moment with elements of elevation, insight, pride, and/or connection.
- A sense of purpose seems to spark "above and beyond" behaviors.
- Chip Heath, The Power of Moments: Why Certain Moments Have Extraordinary Impact

ICNITEI Strategies for Fueling





## POSITIVITY

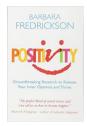
"Positivity spells the difference between whether you languish or flourish." – Barbara Frederickson

#### TWO CORE TRUTHS

- Positive Emotions open our hearts and minds making us
   more creative and receptive
- By opening our hearts and minds, positive emotions allow us to discover and build new skills, new ties, new knowledge and new ways of being

Adapted from page 21 – 24 of Positivity by Barbara Frederickson

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### THE ART OF GATHERING

- The first step in convening people meaningfully:committing to a bold, sharp purpose.
- Gatherings crackle and flourish when real thought goes into them, when (often invisible) structure is baked into them, and when a host has the curiosity, willingness, and generosity of spirit to try.
- We end up gathering in ways that don't serve us, or not connecting when we ought to



INITEI Strategies for Fueling Growth Mindset

### THE ART OF GATHERING

- Having a purpose simply means knowing why you're gathering and doing your participants the honor of being convened for a reason.
- Every meeting should be organized around a "desired outcome."
- Connection doesn't happen on its own. You have to design your gathering for the kinds of connections you want to create.



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### ESSENTIALISM: THE DISCIPLINED PURSUIT OF LESS

- With no clear direction, people pursue things that advance their own short-term interests, with little awareness of how their activities contribute to (or in some cases, derail) the longterm mission.
- When there is a serious lack of clarity...people experience confusion, stress, and frustration. When there is a high level of clarity people thrive.



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# PROVIDE CONSISTENT MESSAGES

- A strong commitment to professional accountability needs to be communicated from the beginning of the hiring process and throughout an individual's career
- Be sure professional accountability is consistently address at each individual meeting, observation and follow-up session

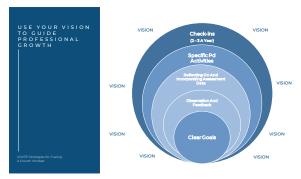
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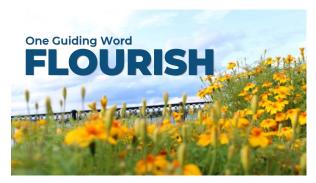


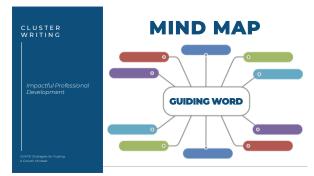












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# ESTABLISHING A PROFESSIONAL DEVELOPMENT PLAN

- Build a connection between the professional development you are offering and the vision, goals and core values of the program
- Vary the structure of professional learning experiences, keep engaging by including hands on activities, and reflective practices
- Involve staff in the planning and implementation
- Plan professional development that experiences that reflect the diverse cultural, educational, and social backgrounds of everyone on your staff

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DESIGN A PROFESSIONAL DEVELOPMENT PLAN	
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#### STEP 1: FOCUS

Reflect on the specific professional development of your staff and the key goals for your program. To help you in understanding the training needs of the program, review the following:

- Program improvement plan IPDPs for all teachers and
- administrators
- Trainings required by licensing, NAEYC, and any qualityimprovement initiatives
- Survey responses from teachers and parents
- Data from assessment tools

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#### STEP 2: PLAN

Create a professional development calendar. Include all dates of regular staff meetings and professional-development days.

DATE	SPECIFIC TOPIC	PRESENTOR	VISION/GOALS	MATERIALS NEEDE
	-		-	-

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# **EMPOWER TEACHERS**

- Creating conditions where educators can try out innovative ideas, discuss differing perspectives, and make reasonable accommodations
- Empower teachers by allowing them to contribute to their professional development plans and to come up with creative ideas for reaching their goals
- Let the teachers know you believe in them and have confidence in their abilities by consistently highlighting what they are doing well



# **ENCOURAGE NEW IDEAS**



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### EMBRACE APPRECIATIVE INQUIRY



# STRUCTURE YOUR MEETINGS

- Welcome and Overview
- Reflective / Centering Activity
- Presentation and/or Discussion of Key Issues
- Opportunity to Practice Applying Ideas
- · Closing Reflection

#TEI Strategies for Fueling



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- Read, Read, Read!
- Stay Current on all Aspects of Early
   Childhood Development
- Follow Relevant Facebook Pages
- Become Active in Linked In Groups
- Take Classes and Webinars
- Develop lists of Quotes and Poems that have Meaning to Your Work
- Build a library of Video Clips and

  Music

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#### PROFESSIONAL DEVELOPMENT -RESOURCES

- Connect with resources outside of the early care and education field - personal development, business, history, literature and the arts are all fields that can inspire our work
- Create online files or binders of resources that reflect your core values and those of the educators you work with. Start collecting poems, quotes, stories, case studies, video clips, photos, that you can use to create meaningful activities

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- Hopes and Dreams
- Best Experiences
- Core Values
- Supporting Conditions
- Three Wishes



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# THE IMAGE OF THE CHILD

- Curious
- Capable
- Passionate Learners
- Active citizens with rights

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- Teachers are valued for their expertise and ideas
- Teachers are active learners along with the children











What do you SEE?

What do you WONDER?

What do you THINK?

Based on the Protocol developed to

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- Create a shared vision
- Share stories
- Share memories from childhood
- Use objects to stimulate reflective conversation,
- Act out role plays
- Read and reflect on books
   and articles

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The best way to predict your future is to create it. — Abraham Lincoln

- What new ideas will you implement?
- How will having a clear plan for your staff meeting positively impact on the overall quality of your program, your leadership, the effectiveness of teachers, and the benefits to children and families?
- How will you support and encourage teachers to share their skills and talents at your meetings?





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We should remember that there is no creativity in the child if there is no creativity in the adult: the competent and creative child exists if there is a competent and creative adult.

— Carlina Rinaldi, In Dialogue With









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