

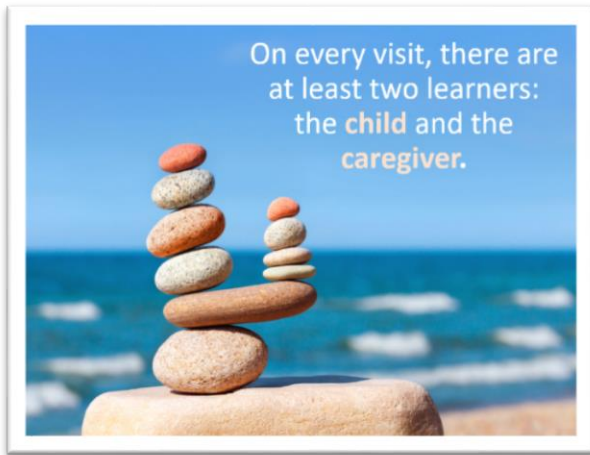
Supercharge Home Visiting with Adult Learning Principles

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*Service providers' use of capacity-building practices that **actively involve caregivers in learning during visits** appear to be related to improved caregiver and child outcomes.*

Bruder, 2010; Dunst et al., 2014; Swanson et al., 2011

Notes:

Infographics:
[The Adult Learning Theory: Andragogy](#)
(ELEARNING Infographics)

[6 Early Intervention Adult Learning Principles](#)
(Brookes Publishing)

Early Intervention Adult Learning Principles and Strategies
Brookes Publishing, adapted from *Pause and Reflect* (Childress, 2021)

EI Adult Learning Principles (Childress, 2021; Knowles, Holton, & Swanson, 2012; Trivette et al. 2009)	Balanced Intervention Strategies	Notes
#1 - Parents learn best when what is being learned is immediately relevant and useful to them.	<ul style="list-style-type: none"> • Ask about what the caregiver wants to child to be able to do (relevancy) • Explore what the parent already knows and is doing first (prior knowledge) • Build on caregiver-child interactions 	
#2 - Parents learn best when new knowledge is built on prior knowledge and experience.		
#3 - Parents learn best when they understand what they are learning, why it is important, and how to use it.	<ul style="list-style-type: none"> • Be specific when suggesting a strategy by explaining what and why • Let the parent decide which strategy to try • Use descriptive language when explaining how the strategy could be used 	
#4 - Parents learn best through actively participating and practicing what they are learning.	<ul style="list-style-type: none"> • Explore natural learning opportunities together by discussing what typically happens and what could be adjusted (active participation) • Make space for or facilitate parent-child interaction (practice) • Ask if you can observe (context and real-time) • Keep your focus on 1-2 skills 	
#5 - Parents learn and remember best when what they are learning is practiced in context and in real time.		
#6 - Parents learn and remember best when they have opportunities to reflect and receive feedback on their learning and performance.	<ul style="list-style-type: none"> • Ask open-ended questions to facilitate reflection • Provide specific feedback • Link what you observe with the parent's priorities • Plan for between visits (relevancy, active participation) 	

Reflection:

- 1: Place a star next to any adult learning principles that are already reflected in your practice.
2. Highlight or circle any principle you would like to pay more attention to.
3. Write down, in your own words, which strategy(ies) you plan to try out this month:

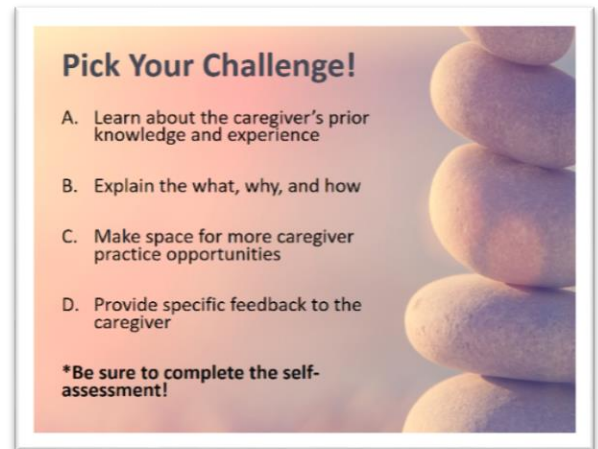
Notes:

Keep On Learning!

Read the short article: [8 Concepts from Adult Learning that You Can Use to Support Caregivers](#) (TaCTICS, Florida State Univ.)

Read, discuss, and comment on EI Strategies for Success blog posts: [Who is the Focus of your Visit? – Adult Learning & Early Intervention Adult Learning Principles Series](#)

Complete the ***Self-Assessment: How Are You Supporting Adult Learning during Balanced Intervention Visits?*** after at least 3 visits before the next session.



Pick Your Challenge!

- A. Learn about the caregiver's prior knowledge and experience
- B. Explain the what, why, and how
- C. Make space for more caregiver practice opportunities
- D. Provide specific feedback to the caregiver

***Be sure to complete the self-assessment!**

What is your Action Plan for this Month?