

# Preparing for Re-opening Webinar: Resource List

Center for Disease Control and Prevention – Helpful Links for Early Childhood Programs

Guidelines for Childcare, Schools, and Youth Programs: <a href="https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html">https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html</a>

Guidance for Child Care Programs that Remain Open: <a href="https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html">https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html</a>

Schools Decision Tool: <a href="https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools-decision-tool.html">https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools-decision-tool.html</a>

Interim Guidance for Administrators of US K-12 Schools and Child Care Programs: https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-schools.html

Guidance for Cleaning and Disinfecting: <a href="https://www.cdc.gov/coronavirus/2019-ncov/community/cleaning-disinfecting-decision-tool.html">https://www.cdc.gov/coronavirus/2019-ncov/community/cleaning-disinfecting-decision-tool.html</a>

Downloadable Handwashing Posters: https://www.cdc.gov/handwashing/posters.html

Free Resources from Exchange Magazine

Administrative Practices that Support Children's Emotional Development: https://www.childcareexchange.com/administrative-practices/

Free Resources from Community Playthings

Sample Classroom Layouts from Community Playthings:

https://www.communityplaythings.com/inspiration/sample-classrooms

Articles from the Presenters:

Coping with Challenging Behavior During Challenging Times

<u>Building Connections with Families: Three Strategies to Strengthen Relationships between Families, Teachers, and Childcare Programs</u>

Another Look at Relationship Continuity: Strategies for Sustaining Relationships

Helping Children Cope with Stress

Mindful Transitions: Supporting Social and Emotional Development



# Ideas for Accommodating Security Items

- Suggest families duplicate security items, providing one for school and one to stay home.
- Increase frequency of cleaning or laundering for blankets, soft toys, and other comfort items.
- Label every security item. Provide permanent markers near your check-in location so families can redo labels that fade or disappear.
- Offer new security items, like laminated photo items children can carry with them that can be sanitized.

#### Recommended Book Lists

From the Center on the Social and Emotional Foundations for Early Learning (CSEFEL):

http://csefel.vanderbilt.edu/documents/booklist.pdf

From We Are Teachers:

https://www.weareteachers.com/15-must-have-picture-books-for-teaching-social-emotional-skills/

From ZERO TO THREE:

https://www.zerotothree.org/resources/7-books-about-feelings-for-babies-and-toddlers

DIY Emotions Books Tutorial:

https://www.notimeforflashcards.com/2020/02/diy-emotions-book-for-preschool.html

### Continuity of Care/ Primary Caregiving Resources

Implementation Kit: A Guide for Child Care Programs: <a href="https://earlycareandlearning.org/wp-content/uploads/2019/10/Continuity-of-Care-Toolkit-2019.pdf">https://earlycareandlearning.org/wp-content/uploads/2019/10/Continuity-of-Care-Toolkit-2019.pdf</a>

Early Caregiver-Child Relationships Build the Foundation for Lifelong Learning, from West Ed: <a href="https://www.wested.org/rd">https://www.wested.org/rd</a> alert online/infant-toddler-care-relationships-lifelong-learning/#

Primary Caregiving and Continuity of Care, from ZERO TO THREE:

https://www.zerotothree.org/resources/85-primary-caregiving-and-continuity-of-care

The Good, the Bad, and the Wonderful – Keeping Children and Teachers Together

Part 1: <a href="http://mail.ccie.com/article/the-good-the-bad-and-the-wonderful!-keeping-children-and-teachers-together/5013624/">http://mail.ccie.com/article/the-good-the-bad-and-the-wonderful!-keeping-children-and-teachers-together/5013624/</a>

Part 2: <a href="http://mail.ccie.com/article/the-good-the-bad-and-the-wonderful!-keeping-children-and-teachers-together-part-2/5013790/">http://mail.ccie.com/article/the-good-the-bad-and-the-wonderful!-keeping-children-and-teachers-together-part-2/5013790/</a>



# Resources for Mandatory Reporters

The Role of Educators in Preventing and Responding to Child Abuse and Neglect

- We have found this resource from The Department of Health and Human Services to be extremely valuable.
- Download here: <a href="https://www.childwelfare.gov/pubPDFs/educator.pdf">https://www.childwelfare.gov/pubPDFs/educator.pdf</a>

Child Care as a Setting for Helping to Prevent Child Abuse and Neglect: <a href="https://www.childcareexchange.com/article/child-care-as-a-setting-for-helping-to-prevent-child-abuse-and-neglect/5016916/">https://www.childcareexchange.com/article/child-care-as-a-setting-for-helping-to-prevent-child-abuse-and-neglect/5016916/</a>

# Other Helpful Resources

Answering Your Young Child's Questions about Corona: <a href="https://www.zerotothree.org/resources/3265-answering-your-young-child-s-questions-about-coronavirus">https://www.zerotothree.org/resources/3265-answering-your-young-child-s-questions-about-coronavirus</a>

YouTube Clear Panel Mask Tutorial: <a href="https://www.youtube.com/watch?v=1VDsHWAMkEk">https://www.youtube.com/watch?v=1VDsHWAMkEk</a>

Downloadable Infographics on Self-Care and Self-Regulation: <a href="https://northstarpaths.com/graphics-free-downloads/">https://northstarpaths.com/graphics-free-downloads/</a>

#### **Presenter Bios**

Jennifer C. Fiechtner, M.A.

Jennifer Fiechtner is senior partner at Innovations in Early Childhood Education, Inc. She is an educator, writer, and editor, with a special focus on children experiencing stress, upheaval, and trauma. She is author of *Five Parenting Strategies to Support Emotional Development* and was the editor of *Social Emotional Tools for Life: An Early Childhood Teacher's Guide to Supporting Strong Emotional Foundations and Successful Social Relationships.* She currently lives in Fairfax County, Virginia with her family.

Kay M. Albrecht, Ph.D.

Kay Albrecht is the founder of Innovations in Early Childhood Education, Inc. Teaching in some capacity has been the bulk of Kay's life's work beginning as a preschool teacher and continuing as a program director and teacher educator. She is also the author of *Social Emotional Tools for Life: An Early Childhood Teacher's Guide*, the Innovations series of curriculum and training materials, and *The Right Fit: Recruiting, Selecting, and Orienting Staff.* She lives in Texas.

You can find out more about our work at www.innovationionsinece.com.