5 Things to Do Today to Lessen Challenging Behaviors Tomorrow

Michelle Salcedo
The Sunshine House
msalcedo@sshouse.com
Facebook: Teacher as Gardener
Twitter: @teachersalcedo

Learning Objectives

You will be able to articulate how children’s behavior is a form of communication.

You will be able to list and apply the five components of active learning.

You will be able to identify and rectify five common causes of children’s challenging behavior.
If Behavior Is Communication . . .

What does that mean for how we handle challenging behaviors?
The Power of Proactivity

An ideal culture is not in which there is a place for every human gift. —Margaret Mead

Ready to Learn Something New?

"You learn something new everyday!"

Bhel Puri
Factor 1: Lack of Active Learning

HOMES

- Hands-on
- Open-ended
- Meaningful
- Engaging
- Sensory-oriented
Through the Lens of Active Learning

Factor 2: Times Square Classrooms
"I love church buildings, particularly cathedrals. And I like living in spaces that remind me of music or evoke that creative energy." — Laura Mvula

Factor 3: Movement = Outside

Moving in the Classroom
Factor 4: Unclear Expectations

What Do We Want?

When I Grow up...

I want to be like mommy!
Making Room for Fun!

5 Changes to Make Today

- Incorporate active learning (HOMES)
- Lessen sensory overstimulation
- Allow for movement
- Define expectations
- Be joyful and have fun!
The MONSTER Approach: Reacting to Challenging Behaviors

- MOve
- Notice
- Stop
- TEach
- Redirect

Anyone can slay a dragon, she told me, but try waking up every morning & loving the world all over again. That's what takes a real hero.

michelle@michellesalcedo.com
Facebook: Teacher as Gardener
Twitter: @authorsalcedo