Child Support Plan

Early Learning

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<th>Name of Child: ___________________________</th>
<th>Name of Teacher: ___________________________</th>
<th>Date: ____________</th>
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Choose strategies from each of the four categories that will meet the social and emotional needs of the child needing support

1. **Create Safety**
   - Use a calm voice
   - Demonstrate warm, open body language
   - Identify objects or places in the room that feel safe
   - Choose respectful, nonjudgmental words to address behaviors
   - Provide consistent expectations and predictable routines
   - Other: _________________________________________
     _______________________________________________
     _______________________________________________
     _______________________________________________

2. **Build Relationships**
   - Greet each morning
   - Spend time individually with the child each day
   - Learn about and incorporate home interests and events
   - Consistently reinforce positive behaviors
   - Other: __________________________
     _______________________________________________
     _______________________________________________
     _______________________________________________

3. **Teach Skills**
   - Self-regulation skills
   - How to identify feelings
   - Emotion-management skills
   - Friendship skills
   - Problem-solving skills
   - Other: _________________________________________
     _______________________________________________
     _______________________________________________
     _______________________________________________

4. **Discuss an Individualized Plan**
   Work with a family support worker or other specialist to create a plan. Examples of helpful individual plans are:
   - Supporting a child with transitions so he or she feels safe
   - Having a pre-arranged, supportive place in the classroom the child can go if he or she can’t handle being part of the group or needs personal space
   - Providing specific one-on-one support for social, emotional, and academic development as needed
   - Providing two appropriate choices as alternatives to the disruptive behaviors

**Child Referral**

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