

Christian Bellissimo, MSW, LCSW, RPT, LLC
Child Play Therapist
PO Box 7546 Shrewsbury, New Jersey 07702
P 732-609-7272 F 1-888-502-9807
www.christianbellissimo.com

**Using Play Therapy Techniques in Early Childhood Settings:
Supporting Social-Emotional Learning and Self-Regulation**

References and Suggested Reading

Books

Axline, (1976). *Play Therapy*. New York, NY. Ballantine Books.

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Landreth, (1991). *Play Therapy: The Art of the Relationship*. Bristol, PA: Accelerated Development.

Perry, B. D., & Szalavitz, M. (2006). *The boy who was raised as a dog and other stories from a child psychiatrist's notebook: What traumatized children can teach us about loss, love, and healing*. New York, NY: Basic Books.

VanFleet, R. (1994). *Filial Therapy: Strengthening Parent-Child Relationships Through Play*. Sarasota Florida: Professional Resource Press.

Articles

Graziano, P. Reavis, R. Keane, S. & Calkins, S. (2007). The role of emotion regulation in children's early academic success. *Journal of School Psychology*, 45, 3-19.

Hamere, B. & Pianta, R. (2001). Early teacher-child relationships and the trajectory of children's school outcomes through eighth grade. *Child Development*, 72 (2), 625-638.

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Shoda, Y. Mischel, W. & Peake, P. (1990). Predicting adolescent cognitive and self-regulatory competencies from preschool delay of gratification: Identifying diagnostic conditions. *Developmental Psychology*, 26 (6), 978-986.

Websites

www.cdc.gov/violenceprevention/acestudy.html

ACE Study

www.childtrauma.org

Child Trauma Academy

www.a4pt.org

Association for Play Therapy

www.developingchild.harvard.edu

Center on the Developing Child