

A Moving Child Is A Learning Child

Webinar Outline

May 18, 2016



NOTES

UNDERSTANDING WHY MOVEMENT MATTERS

- The Body teaches the brain
- The Brain develops from the bottom up
- Automaticity is key to unlocking the brain for thinking

HOW KIDS LEARN

- The lower parts of the brain focus on tangible experiences
- The higher parts of the brain focus on abstractions and concepts
- The right and left hemispheres manage information
- Kids learn from real to symbolic... Apple is for A!

ASSESSING MOVEMENT

There are many steps along the evolution of fully coordinated, automated movement

The Can Do Approach: What can the child do?

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APPLYING MOVEMENT TO YOUR DAILY PLANS

The Kinetic Scale outlines the essential ingredients of movement:

Reflexes

The Senses

Balance

Intuition

Power

Coordination

Control

Language

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INDIVIDUALIZING: Striking the Right Balance

Children need different proportions of kinetic ingredients at different stages of development

SUMMARY

The more a child moves, the more a child knows.
The more a child knows, the more a child wants to know.
The more a child wants to know, the more a child needs to move.

And remember...

Learning Never Sits Still!



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