A Moving Child Is A Learning Child
Webinar Outline
May 18, 2016

UNDERSTANDING WHY MOVEMENT MATTERS
• The Body teaches the brain
• The Brain develops from the bottom up
• Automaticity is key to unlocking the brain for thinking

HOW KIDS LEARN
• The lower parts of the brain focus on tangible experiences
• The higher parts of the brain focus on abstractions and concepts
• The right and left hemispheres manage information
• Kids learn from real to symbolic... Apple is for A!

ASSESSING MOVEMENT
There are many steps along the evolution of fully coordinated, automated movement
The Can Do Approach: What can the child do?
## APPLYING MOVEMENT TO YOUR DAILY PLANS

The Kinetic Scale outlines the essential ingredients of movement:

- Reflexes
- The Senses
- Balance
- Intuition
- Power
- Coordination
- Control
- Language
INDIVIDUALIZING: Striking the Right Balance
Children need different proportions of kinetic ingredients at different stages of development

SUMMARY
The more a child moves, the more a child knows. The more a child knows, the more a child wants to know. The more a child wants to know, the more a child needs to move.

And remember...

Learning Never Sits Still!